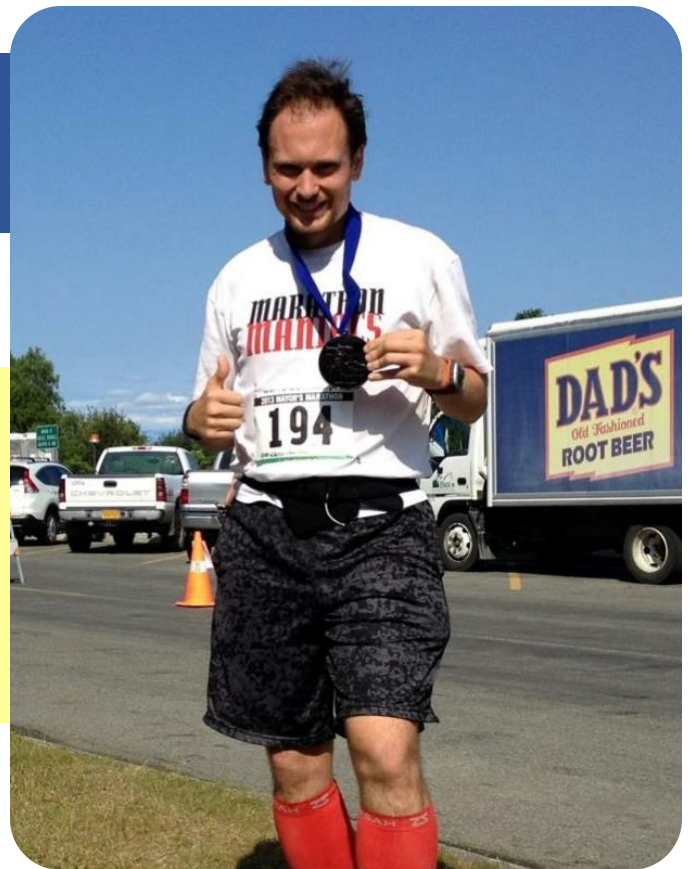


ALASKA

Mayor's Marathon

Saturday June 22, 2013 • Anchorage, AK

Marathon/Ultra number:	186
State (first in state):	18 (yes)
Finish Time:	3:15:29
Overall Place:	25 of 799
Gender Place:	24 of 441
Age Group Place:	7th
Age on race day:	33



This was a special race because involved taking a week long vacation with the whole family (McRobbie clan) and it also was on my birthday. We flew in a week prior to the race and spent that week sight seeing. We visited McKinley and Denali National Park. We then drove down to Seward and saw a few glaciers. They were having record high temperatures with highs in the 80s.

The race went as well as I could have imagined! I started out at what I thought to be possibly too fast of a pace to maintain, but much to my surprise I was able to stay on pace running in 7:20-7:30 pace range. When I finished with a 3:15 I was thrilled because it was my fastest marathon in over 5 years!

The weather was good. It was sunny and with cool temperatures during most of the race. It became warmer later in the day

After the race Dave and I took a bike ride around Anchorage before meeting up with the rest of the family and we went out to dinner to celebrate my birthday. We flew home on Sunday.

