

ARIZONA

Rock N Roll Arizona Marathon

Sunday, January 14, 2007 • Phoenix, AZ

Marathon/Ultra number:	17
State (first in state):	4 (yes)
Finish Time:	3:40:36
Overall Place:	1142 of 6942
Gender Place:	872 of 3586
Age Group Place:	108th
Age on race day:	26



Ever since I ran my second marathon and heard about people running a marathon in all 50 states, I had it as goal of mine to eventually do the same thing. My aunt suggested that I do the Rock N Roll Arizona Marathon. It was President's Day weekend, so she and my mom had an extended weekend. So I said sure, why not.

My mom and I flew into southern California and met up with my aunt. She then drove us to Phoenix where we had a hotel. My mom and aunt came long and did the half marathon, while I ran the full marathon. In Portland the weeks leading up to the race it was in the 20's and quite cold. I remember thinking it would be nice to go to warm Phoenix. And it was, the highs in Phoenix were in the 50's and 60's, and I was so happy for that. We went to the expo, and got our stuff and had dinner at the Old Spaghetti Factory (one of my favorite pre-race meals). The hotel we stayed at had a shuttle bus for the marathon runners, so I remember getting on it. But little did I know how cold it would be! At the start, it was 32 degrees and everyone was freaking out. In Arizona they are just on used to the cold weather. I had a cold prior to the race, and had to take a Tylenol to settle my stomach down.

I'm not a huge fan of the Rock N Roll races, I realize that they are simply trying to create big corporate events. This was my first experience with the RnR events. I had a good race, once the sun came up it warmed up nicely. I ended running almost an even pace. My first half was only 30 seconds faster than the second half. I ended up running a 3:40:36, and had a good time.

