

LOUISIANA

Louisiana Marathon

Sunday, January 19, 2014 • Baton Rouge, LA

Marathon/Ultra number:	206
State (first in state):	28 (yes)
Finish Time:	3:25:55
Overall Place:	110 of 1473
Gender Place:	99 of 768
Age Group Place:	19th
Age on race day:	33



When the Maniacs announced that the 2014 reunion would be in Baton Rouge at the Louisiana Marathon, I said to myself "I should run it, I don't have Louisiana."

I was just in the gulf states the weekend before running MS/AL. But had to fly home and work a few days before heading back to Louisiana. My flight was delayed in Houston and I ended up getting to Louisiana after the expo, but Tony Phillippi picked up my packet for me. I also missed the Maniac dinner.

The Maniacs gathered at the state capitol near the start line, but it was still quite dark. But it was fun to see and meet all the Maniacs that were there.

The weather was perfect. It was sunny and cool. I started out running at a BQ pace and felt strong through the first half. But I started running out of gas. And about mile or so my foot started bothering me. I had to take a couple of walking breaks. But still managed to finish in under 3:30 with a time of 3:25:55.

Post race they had dozens of food vendors with Cajun foods. But the Maniacs had a special VIP area where we had our own Cajun food. It was a wonderful time and great course!

