

MAINE

Maine Marathon

Sunday, October 6, 2013 • Portland, ME

Marathon/Ultra number:	194
State (first in state):	21 (yes)
Finish Time:	3:17:09
Overall Place:	66 of 925
Gender Place:	61 of 517
Age Group Place:	23rd
Age on race day:	33



October 6th was a day that saw marathons in both Portland Oregon and Portland Maine. I headed to New England to run marathons in New Hampshire and Maine. So instead of running my hometown marathon, I would be running in the “other” Portland (I even made a special bib to wear on my back).

Portland Maine is a lovely town, but very different than Portland Oregon. It’s a smaller town with a harbor on the Atlantic Ocean and a downtown full of old brick buildings. Very cool!

The race was a pretty simple out and back course. After running a 3:18 in New Hampshire the day before, I was hoping I had a sub-3:30 in me.

I ran a pretty good pace. I never slowed down too much and finished strong. Seeing all my Maniac friends on the out-and-back course kept me pushing.

I finished in 3:17 and was thrilled to have run a negative split marathon double (3:18/3:17) in New England. It was my 13th straight sub-3:30 road marathon and my 7th straight sub-3:20 road marathon.

The weather was great. Partly sunny and cool.

I spent another night in Portland Maine before driving down the coast to Boston and flew home on Monday.

