

MICHIGAN

Kalamazoo Marathon

Sunday, May 3, 2015 • Kalamazoo, MI

Marathon/Ultra number:	259
State (first in state):	44 (yes)
Finish Time:	3:14:25
Overall Place:	13 of 503
Gender Place:	13 of 293
Age Group Place:	6th
Age on race day:	34



Once again I included a half marathon in my trip to run a marathon. This time I ran the Indy Mini Marathon on Saturday. Running a full lap around the Indianapolis Motor Speedway was a highlight, but that's a story for another time.

After running the half marathon in Indy I drove north to Kalamazoo and picked up my packet. The talk of the town was an earthquake that took place a couple hours before I arrived. I attended the 50 States Marathon Club meeting at the expo.

The course was less than flat and it was a warm day. It was cool enough at the start and for most of the race. But the heat became an issue in the last few miles. I continued to push.

Once again, a sub-3:30 was my goal, and I started out an aggressive pace to see how long I could maintain it. I finished with another sub-3:15 with a time of 3:14:25. It was my second sub-3:15 in two weeks. I also managed to beat all the women in the race. Always nice to not get "chicked".

Since I flew into Chicago, I drove back to Chicago after the race and spent the night in Illinois. I flew home on Monday.

