

NEW JERSEY

Atlantic City Marathon

Sunday, October 13, 2013 • Atlantic City, NJ

Marathon/Ultra number:	195
State (first in state):	22 (yes)
Finish Time:	3:14:24
Overall Place:	26 of 825
Gender Place:	21 of 456
Age Group Place:	5th
Age on race day:	33



This trip to the East Coast was to notch off New Jersey. I flew into New York City (JFK) by taking a red eye (a first for me). I spent a few hours in NYC seeing a few sights before hoping on the Amtrak train to Atlantic City. Since I didn't have a rental car, I had to carry my luggage with me wherever I went. It also meant I needed a motel within walking distance of the boardwalk in AC.

On Saturday I picked up my packet at one of the Atlantic City casinos. And it was raining! I meaning pouring down rain. I waited out the rain before walking back to my motel.

Race day the weather was near perfect. It was overcast, cool and DRY. I started out at a good pace and maintained that pace the whole way. I hit the half way point at 1:37:07. Then kept pushing. But the second half there a strong headwind. It was like I've never seen before. Even though I was running at a 7:30 pace it felt like I was standing still.

As I got back to the boardwalk I pushed to the end and finished with a 3:14:24. Which meant my second half was nearly even to my first half with a time of 1:37:17.

After the race I took the train to Philadelphia and spent the evening with a friend. On Monday I took the train back to NYC and then flew home.

