

# NEW YORK

## Mohawk Hudson River Marathon

Sunday, October 12, 2014 • Albany, NY

Marathon/Ultra number:	231
State (first in state):	37 (yes)
Finish Time:	3:06:21
Overall Place:	63 of 893
Gender Place:	57 of 502
Age Group Place:	8th
Age on race day:	34



I heard that Mohawk Hudson was a great race and I want to see as many state capitols as possible. So I decided to do this race for New York. I flew into Boston and ran the half marathon in Hartford on Saturday.

I drove to Albany and enjoyed seeing downtown Albany. The weather all weekend was wonderful. It was sunny and cool.

I knew Mohawk Hudson was a fast course I decided to go aggressive with the pace. I thought a 3:15 was possible. We were bussed out to the start line and as we waited for the start it was quite cold. Even though it was sunny, it was about 30-32 degrees, but was to warm into the 50s/60s.

I started out running about a sub-7:00 pace and figured I would be slowed down in the latter half of the race. I was cruising along nicely. I hit the half way point at 1:31 and was thrilled.

We were told in advance that at mile 18 there was a chance we could be stopped by a train. But that timing mats were there and any stoppage time would be deducted. Sure enough I got stopped, but the minute plus was deducted when I finished. However, I lost momentum.

I finished in 3:06:21, which was good enough for a second BQ in two weekends!

