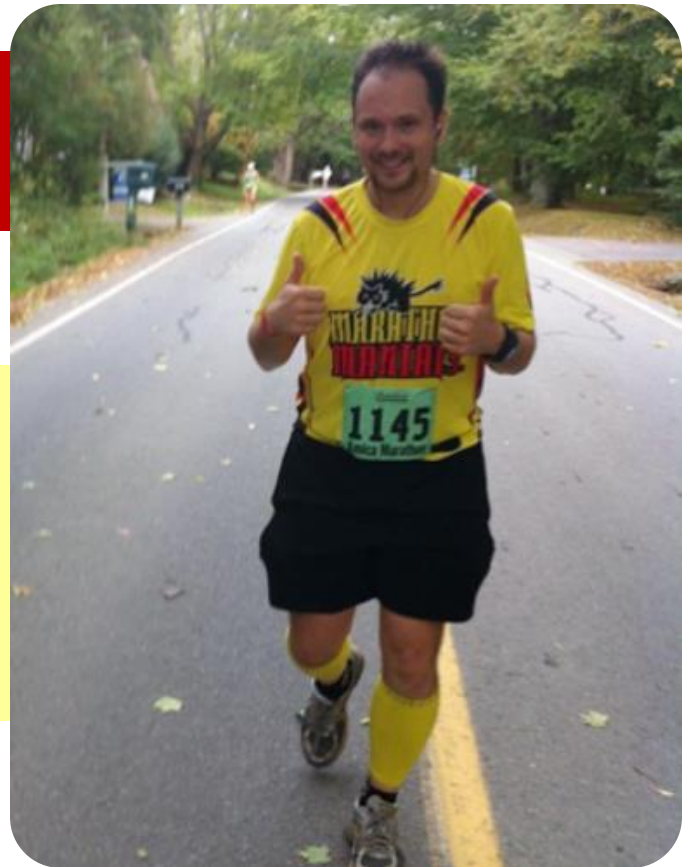


RHODE ISLAND

Amica Marathon

Sunday, October 14, 2012 • Newport, RI

Marathon/Ultra number:	166
State (first in state):	12 (yes)
Finish Time:	4:16:54
Overall Place:	438 of 1003
Gender Place:	289 of 571
Age Group Place:	95th
Age on race day:	32



After running the Hartford Marathon on Saturday in Connecticut I drove to Newport Rhode Island to run the Amica Marathon. It's a very popular double to run by Maniacs and 50 staters.

I drove into Newport in the early evening. I arrived in time to pickup my packet. I then grabbed a quick bite to eat and was off to my motel.

On race morning I arrived at the parking area. We were bussed to the start area. We arrived quite early and were waiting indoors. The weather was ok. It was windy but dry and mild.

The first half of the marathon was the half marathon course. After passing by the start/finish line we continued on to run an out-and-back second half.

After running a marathon the day before I didn't expect to run a fast time. I hadn't run a double in nearly nine months and was having a tough time putting together fast times, so my goal was to have fun.

The first half was a tad frustrating, there were so many half marathoners mixed in with marathoners that it made it hard to run fast. I finished the first half in 2:00 and planned to take it early in the second half.

Since the second half was an out-back-back, I took the opportunity to take pictures of my Maniac friends. I ran the second half in 2:17 for a finish time of 4:17. The second half was very windy with sand blowing into our faces.

I drove to Providence and saw the state capitol before spending the night in a Boston suburb and flew home on Monday.

